

## Student Services Newsletter

FEBRUARY 2022

### PLAN, PLAN, PLAN

Another semester has begun and it's time to plan for the next few weeks. It is important to get back into a routine that worked for you—one that balances your schoolwork, job, mental health, and social life.

- During the first week of classes, it is important to establish your plan for the semester
- Thoroughly read and dissect the syllabus, and put the due dates of assignments, essays, exams, and projects in your calendar
- Make a weekly schedule with classes, office hours, when to do homework, study, work out, etc.
- Spend time studying during the first couple of weeks so the first exam does not just creep up on you
- Sleep well, eat well, and get exercise
- Review your notes every day, and keep your workspace clean and organized
- Go to office hours and email your professors regularly; ask questions and seek help when you need it
- Set a routine and stick to it!

If you found a plan that works and it helped, keep doing it. If you did it before and it did not help, stop doing it. You have to have a plan and you have to be patient while you practice the plan.

—Tony Gallegos, Student Success Manager



### IMPORTANT DATES FOR SPRING

Be sure to note these important dates below.

**February 4:** Last day to drop without a “W” and receive a 100% tuition refund on LoboWeb. Last day to add sections and/or change credit hours (contact your advisor).

**March 14-18:** Spring Break, no classes.

**April 15:** Last day to drop via LoboWeb.

**Mid-April:** Registration for Summer & Fall semester begins.

**May 6:** Last day to drop with permission (contact your advisor). Last day to change grade mode.

**May 9-14:** Spring Semester finals.

**May 13:** Last day to report removal of Incomplete

**June 6:** Summer Semester begins.

## Spatial Visualization Series



Attend 1, 2, 3, or all 4

1. Feb 3. Two Axis Rotation
2. Mar 3. Inclined Planes & Curved Surfaces
3. Mar 31. Reflection Symmetry
4. Apr 21. Write a Rule

Select Thursdays. 4 - 5:30 PM

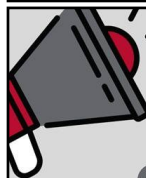
Synchronous in-person  
(in the ESS Computer Pod - CENT 2080)  
and virtual via Zoom  
(<https://goto.unm.edu/esszoom>)

WIN a gift card!  
GAIN experience.  
BUILD your skill set.  
ENHANCE your resume.

Learn more or RSVP at

[ess.unm.edu/events](https://ess.unm.edu/events) > Feb. Mar. Apr.

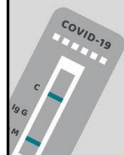
or through our app - succESS



**FREE**  
**AT-HOME**  
**COVID-19 TESTS**  
**NOW AVAILABLE**  
**FOR ORDER**

Every household in the US can now order **4 free at-home rapid antigen tests**. There is no shipping cost or credit card information required.

Order at: <http://www.covidtests.gov/>



## STUDENT SPOTLIGHT

**Name:** Kaitlyn

Terrazas

**Hometown:**

El Rito

**High School:**

Mesa Vista High School

**Major:** Fire

Science

**Favorite Class:**

Emergency

Services Safety & Survival

**Dream Job:** Firefighter or Wildland Helicopter Pilot

**Plans for After Graduation:** Join a fire department as a

Structural Firefighter

**Hobbies:** Art, videogames

**Favorite Teams:** Dallas Cowboys

**Top of My Playlist:**

"Whiskey & Wine" by Tow'rs

**Red or Green:** Green



LOS ALAMOS

## PREP FOR UPCOMING JOB FAIRS

Spring is the season for job fairs! UNM uses the Handshake platform for job searches and virtual events. This tool is exclusively for students and recent graduates, so you are not competing against seasoned professionals. No experience required. You can search for jobs that suit you! Sign up for Handshake and create your profile now: [unm.joinhandshake.com](https://unm.joinhandshake.com). Fill out at least the following sections to make you most appealing to employers: Job Interests, Previous Work Experience (including part-time, internships, work-study, college-based research, or volunteering), Skills, including field-specific (like programming languages) and transferrable (like communication or teamwork), and Clubs & Organizations. Be sure to make your profile public, so employers can search for you!

Upcoming career fairs in Handshake:

**UNM Virtual Career Expo, February 10, 11:00–2:00**

**UNM-LA Virtual Job Fair, March 10, 11:00–1:00**

## BUSINESS INTERNSHIP OPPORTUNITY

Students! Longenecker & Associates, a contractor to LANL, is seeking a **Business Management Intern** for the summer (tentative dates are May 16–August 5). Selected interns will be **paid \$22–\$25 per hour** depending on experience and year in school. Interns will support the business operations team (HR, Finance, Operations) with project management, business analysis, developing tools, conducting research reviewing processes, analyze projects and business systems, and conduct quality reviews, among other duties. This is an incredible opportunity for students interested in business, management, accounting, and finance. Applications are due no later than **February 21**. Contact Grace Willerton, [gwillert@unm.edu](mailto:gwillert@unm.edu), for more details.

## WHERE TO FIND COVID TESTING

COVID-19 testing is available in Los Alamos **Tuesdays and Thursdays 8:00 am–3:00 pm** in the Mari Mac Shopping Center (759 Central Avenue). Testing is free but requires an appointment: [curative.com](https://curative.com). For questions, call 505-662-8333.

Free COVID-19 testing is now available in White Rock. Drive-through PCR-NAAT testing is located at Overlook Park, **Mondays–Fridays 8:00 am–3:00 pm**. No appointment is necessary. Testing is free and is administered on a first-come, first-serve basis. For questions, call 574-622-5600.

The NM Department of Health is also offering **free at-home COVID-19 tests**. Anyone, with or without symptoms, may order at test. Visit [learn.vaulthealth.com](https://learn.vaulthealth.com).

## FEBRUARY IS BLACK HISTORY MONTH

Conceived of by Black historian Carter G. Woodson and first celebrated as Negro History Week in 1926, Black History Month has become an integral part of Americans' understanding of their history and culture, and an essential celebration of the contributions made by Black Americans to all aspects of our society. At the same time it remembers the long struggle against prejudice and oppression, and calls attention to the work that remains to be done. To learn more, there are limitless resources available. The National Archives ([www.archives.gov/news/topics/african-american-history](https://www.archives.gov/news/topics/african-american-history)) and the National Museum of African American History ([nmaahc.si.edu](https://nmaahc.si.edu)) are two great places to start.



The University of New Mexico-Los Alamos is committed to the recognition and the proactive pursuit of compliance with the Americans with Disabilities Act of 1990 (ADA). The University makes reasonable accommodation for religious observances, national origin practices of a student and to the known physical or mental limitations of a qualified student, unless such accommodations have the end result of fundamentally altering a program or service or placing an undue hardship on the operation of the University. Qualified students with disabilities should contact Student Services for information regarding accommodations in the academic and/or employment setting. If you have a special need and require an auxiliary aide and/or service, please contact Student Services at (505) 662-5919.

## AFFORDABLE CONNECTIVITY PROGRAM

Students! You and/or your families may be eligible to receive **discounted internet service** through the Federal Communications Commission's **Affordable Connectivity Program**. You may also be able to receive a discount toward the purchase of a laptop, desktop computer, or tablet. You only need to meet at least *one* of the criteria listed below. For more information and to apply, visit: [ACPBenefit.org](http://ACPBenefit.org) or [fcc.gov/ACP](http://fcc.gov/ACP) or call 877-384-2575.

### Who Is Eligible for the Affordable Connectivity Program?

- Has an income that is at or below 200% of the federal poverty guidelines
- Participates in certain assistance programs, such as SNAP, Medicaid, Federal Public Housing Assistance, SSI, WIC, or Lifeline
- Participates in Tribal specific programs, such as Bureau of Indian Affairs General Assistance, Tribal TANF, or Food Distribution Program on Indian Reservations
- Is approved to receive benefits under the free and reduced-price school lunch program or the school breakfast program, including through the USDA Community Eligibility Provision in the 2019-2020, 2020-2021, or 2021-2022 school year
- Received a Federal Pell Grant during the current award year
- Meets the eligibility criteria for a participating provider's existing low-income program



Find out if you qualify and how to participate. Visit: [fcc.gov/ACP](http://fcc.gov/ACP)

## FINANCIAL AID UPDATES FOR SPRING 2022

Students! Please make sure you are reading your emails. There have been several very important emails sent from Main campus regarding **Satisfactory Academic Progress, Scholarships, and Financial Aid Refunds**. If you receive financial aid, it is important that you check your LoboWeb Financial Aid tab to see if all of the information is correct.

### Checking your financial aid step-by-step:

1. Sign into myUNM & click on Enter LoboWeb
2. Click on the Financial Aid tab
3. Click on the blue Overall Status of Your Financial Aid link
4. Select your aid year: 2021-2022
5. Click on the blue Awarded link
6. Click on Award Overview
7. On the bottom left you will see Financial Aid Awarded By Term. It will list both Fall and Spring awards.

Please contact the financial aid office if you have questions: 505-662-0341 or [jenduran@unm.edu](mailto:jenduran@unm.edu).

## LIBRARY & ACADEMIC SUPPORT UPDATES

The **Library** will be open **Mondays–Thursdays, 8:00 am–6:00 pm** and **Fridays, 8:00 am–4:00 pm**. In person assistance will be available during open hours. **Zoom Help Sessions** will be available **Tuesdays, 9:00 am–12:00 pm** and **Wednesdays, 1:00 pm–4:00 pm**. Help is also available at [ulalib@unm.edu](mailto:ulalib@unm.edu). For more information, visit: [losalamos.unm.edu/library](http://losalamos.unm.edu/library).

The **Academic Support Center** offers **Open Zoom Hours Mondays and Wednesdays 10:00–11:00 am (MST)**. Drop in for technical help on any learning software: Blackboard Learn, Canvas, Aleks, MyLab, and Mastering. Join Kevin Rosenberger via Zoom at: [unm.zoom.us/j/92245965266](https://unm.zoom.us/j/92245965266) or email [rosenbergerkm@unm.edu](mailto:rosenbergerkm@unm.edu).

The **Center for Academic Program Support (CAPS)** offers **free tutoring** in a variety of subjects, including math, sciences, and writing. Visit [caps.unm.edu](http://caps.unm.edu) for more details and to contact a tutor.

## COVID-19 INFO & VACCINE APPOINTMENTS

**Get the COVID-19 vaccine:** Everyone 5 years of age and older is now eligible to get a COVID-19 vaccine. Visit: [cvaccine.nmhealth.org](http://cvaccine.nmhealth.org).

For current health guidelines, be sure to follow advice from trusted, accurate sources.

CDC: [www.cdc.gov/coronavirus/2019-nCoV](http://www.cdc.gov/coronavirus/2019-nCoV).

NM Department of Health: [cv.nmhealth.org](http://cv.nmhealth.org).

**If you think you are sick:** Contact your doctor for medical advice. **Do not** go to a medical clinic until you are instructed to do so, to avoid potentially infecting others. Additionally, please contact Tony Gallegos at [jtgalegos@unm.edu](mailto:jtgalegos@unm.edu).

**For testing:** Free testing is available at home and around the state. Visit: [cvprovider.nmhealth.org/directory.html](http://cvprovider.nmhealth.org/directory.html).

**If you are not sick:** Practice social distancing, wash your hands, cover coughs and sneezes, and disinfect frequently touched surfaces daily. Most importantly, **please** wear a mask. Even asymptomatic or pre-symptomatic people can still spread COVID-19. People who are at higher risk are depending on all of us to help reduce transmission—and save their lives.

## CIC APPLICATIONS DUE FEBRUARY 4

Want to earn college credit, gain job experience, and get a stipend? Interested in the opportunities that an internship can provide? **Spring CIC internship positions** are available now! Visit [losalamos.unm.edu/cic](http://losalamos.unm.edu/cic) to see open internship positions, and check back frequently to see new listings. To learn more about the program, attend a **Student Info Session on February 1**, from 1:30-2:30 pm. Applications are available online and are due **Friday, February 4**.

## FOLLOW US ON SOCIAL MEDIA

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UNM-Los Alamos



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lobo-la



Snapchat

# STUDENT SERVICES

Student Services is a central hub of information for prospective, current, and former students to find assistance and answers to questions about admissions, financial aid, registration, academic advising, career services, and other resources on campus.



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Associate  
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## Admissions

The Office of Admissions can help if you have questions or are ready to apply to UNM-Los Alamos. The Office of Admissions can provide application instructions for degree-seeking, non-degree, dual credit/concurrent, international, senior, or transfer students. Complete details can be found on the Admissions page: [losalamos.unm.edu/admissions](http://losalamos.unm.edu/admissions).

## Financial Aid

The Office of Financial Aid provides information on financial resources available to degree-seeking students. These resources may include scholarships, grants, and loans from the federal or state government, independent organizations, and/or UNM-LA itself. UNM-LA determines financial aid eligibility from the FAFSA, so please take time to file this document online every year. Don't assume you are ineligible—there are many opportunities to pursue.

## Enrollment Services

The Office of Enrollment Services at UNM-LA processes high school and other college transcripts for admissions and maintains transcripts of current and former students. The registrar can also answer questions about dual credit and concurrent enrollment, VA benefits, and graduation requirements.

## Academic Advising & Student Success

Academic advisors can provide guidance through the admission process, degree and course selection, and registration. Advisors also assist with changing a major, following up instructors' early alerts, filing graduation petitions, and planning for baccalaureate work. Advisors can also help resolve registration errors. Degree-seeking students must meet with an advisor before registering for each semester to check that their chosen classes will continue to make progress toward their degrees and to have their advising hold lifted. The Academic Student Success Manager coordinates ADA accommodation services for students, and oversees academic advisement, student retention, and success initiatives.

## Career Services

Student Services offers career services to assist students with self-exploration, selecting a major, and opportunities for gaining experience in their chosen fields. Career services also include resume reviews, internship connections, job fairs, quantifying or translating skills, sharing job postings, and building connections between employers and our students.

