



# Student Services Newsletter

October 2023

## A "TREAT" FOR SUCCESS

Kathryn Vigil, [kaquilar@unm.edu](mailto:kaquilar@unm.edu)



We're just about halfway through the Fall semester! The air is getting crisper and it's time to pull out warm and snuggly clothes again. There are countless reasons to be happy this month despite the need to prepare for midterms. With the change in seasons comes darker nights and brighter mornings and it might mean that it's time to make a shift in your routine. It's a great time to adjust your body to waking up earlier with the sun, AND...plan in some time to incorporate new habits to build your resource toolkit. Picking just one of the activities on this list might lead to something new and exciting. Consider it a "treat" for your student success.

- Call Student Services to request an appointment for career exploration.
- Join in on a Student Government meeting.
- Visit the Learning Resource Center and ask Joe to help you find sources for your upcoming assignments.
- Find out when the College Council meets - we need your student voice.
- Visit Student Services to find out about all of the ways that we can support you. We love it when you stop in to say hello.



## IMPORTANT DATES FOR FALL

*Be sure to note these important dates below. Contact an advisor if you need assistance.*

**October 12—13:** Fall Break; campus open.

**November 10:** Last day to drop without permission on LoboWeb.

**November 23—24:** Thanksgiving Break; campus closed.

**December 7:** Last day to drop with permission (contact an advisor).

**December 11—16:** Final Exams.

**December 22—January 1:** Winter Break; campus closed.

**January 15:** MLK, Jr. Day; campus closed.

**January 16:** Spring semester begins.

## THE ACADEMIC SUCCESS CENTER

The Academic Support Center (ASC) offers a range of services to supplement UNM-LA's academic programs. ASC organizes and hosts homework/study groups, review sessions, and workshops, while offering additional course resources and various types of extra help and academic support (drop-in, by appointment, and online). We now offer tutoring for students who need assistance navigating their online classes.

## CLICK TO FOLLOW US



## STUDENT SPOTLIGHT

**Name:** Cindy Lopez

**Hometown & High**

**School:** El Rito and  
Mesa Vista High  
School

**Major:** Business  
Administration/  
Project Management

**Favorite Class:** Ethics  
in Organizations

**Dream Job:**  
Professional Staff/  
Project Management  
job

**Plans for After**

**Graduation:** Continue  
to work at LANL

**Top of My Playlist:** Everything from Spanish,  
Rock, R&B, and Country

**Favorite Teams:** UNM Lobos and LA Lakers

**Hobbies:** Watching my boys in all of their  
sports activities, as well as hunting, fishing, and  
spending quality time with family.

**Red or Green?:** Both



The New Mexico Research Symposium (NMRS), collaboratively hosted with the New Mexico Academy of Science, is an annual conference with oral presentations, a poster competition, and a keynote address. The conference is geared to undergraduate and graduate students from New Mexico's colleges and universities. Presentation and poster abstracts are published in the New Mexico Journal of Science. The conference will be held November 4 at UNM-Albuquerque. **Abstract submission deadline is October 6.** For more information and to register, visit: [www.nmepscor.org/what-we-do/programs/NM-Research-Symposium](http://www.nmepscor.org/what-we-do/programs/NM-Research-Symposium).



## DEPARTMENT SEMINARS THIS FALL

Many academic departments offer recurring seminars and/or workshops with helpful information about your major, research and internship opportunities, and more. Check out some of these below, or visit [urad.unm.edu](http://urad.unm.edu) for more information and for additional majors.

- Mechanical Engineering. Fridays at 3:30 pm. Visit: [me.unm.edu/seminars/graduate-seminars](http://me.unm.edu/seminars/graduate-seminars).
- Electrical Engineering. Fridays at 3:00 pm. Log into Zoom: <https://unm.zoom.us/j/92617286040>, Meeting ID: 926 1728 6040
- Psychology. Fridays at 9:00 am. Visit: [psych.unm.edu/news-events-jobs/events/index](http://psych.unm.edu/news-events-jobs/events/index)
- Pre-Medical Workshops. Visit: [prehealthprofessions.unm.edu/upcoming-events](http://prehealthprofessions.unm.edu/upcoming-events).
- Pre-Law Workshops. Visit: [unmprelaw.weebly.com/events](http://unmprelaw.weebly.com/events).
- Arts & Sciences Research. Visit: [asresearch.unm.edu](http://asresearch.unm.edu).

## SET GOALS FOR SUCCESS



Grace Willerton,  
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Congrats! You are halfway through the semester. Hang in there. This is the point at which many people start to lose momentum in their classes. How can you keep pushing yourself

to be successful? Use your goals to help maintain your motivation.

Renew your focus on your goals.

- What are your top three reasons for taking college classes right now?
- How will your current classes impact your degree or certificate completion?
- How will earning a degree or certificate move you toward your career goals?

Write down your answers to these questions somewhere—on your bathroom mirror, on a sticky note on your textbook, in a reminder in your phone—wherever you look often. Keep your goals ever-present in your mind. Every assignment for every class moves you one step closer.

## CIC: START PLANNING FOR SUMMER

Brittany Carpenter, [brcarpenter@unm.edu](mailto:brcarpenter@unm.edu)



Forget pumpkin spice and apple cider. Did you know that Fall is actually the best time to start considering summer internships? Many large companies and federal institutions start the summer internship process in the Fall.

Organizations will start hosting information sessions and accepting applications right now with deadlines scheduled for November and December, including local engineering firm Merrick. For more information on any potential internship, come to Student Services and meet with Internship Coordinator, Brittany Carpenter.

## SPRING SCHEDULE COMING SOON

It's not too soon to be thinking about your Spring semester schedule! The Spring 2024 class schedule will be published by the end of this month, and you will be able to check it out here: [losalamos.unm.edu/academics/class-schedule](https://losalamos.unm.edu/academics/class-schedule). Once it's published, take a look at potential classes and then make an appointment with your advisor so you can finalize your schedule and get your hold lifted before registration opens on **Monday, November 6**. Contact Student Services for help: 505-662-5919.

## REGIONAL JOB FAIR!

We are hosting a regional Job Fair on **Thursday, October 5, 12:00—4:00pm** on the UNM-LA campus. Come talk with 50 local businesses about current and future job opportunities. The job fair is coordinated by UNM-LA and the LA Chamber of Commerce and is sponsored by TechSource and Century Bank.



## HISPANIC HERITAGE MONTH



Hispanic Heritage Month runs from September 15—October 15. Congress first set aside one week to celebrate the contributions of Americans tracing their roots to Spain, Mexico, Central America, South America and the Spanish-speaking nations of the Caribbean.

This year we would like to specifically celebrate the contribution of Jerry Apodaca, who was elected Governor of New Mexico in 1974. He served four years as governor and was chair of the President's Council on Physical Fitness and Sports for three years. He died earlier this year. He served on The University of New Mexico Board of Regents from 1985—1991. As an alumnus of UNM and the first Hispanic governor elected since 1918, he brought national attention to our state and to our school.

From Presidential Proclamation 10466: "Let us give thanks to the many generations of Hispanic leaders who have helped build this country and continue to fight for equality and justice. Let us pledge to invest in the next generation of Hispanic men and women who hold the destiny of our Nation in their hands."

## ADA STATEMENT

The University of New Mexico-Los Alamos is committed to the recognition and the proactive pursuit of compliance with the Americans with Disabilities Act of 1990 (ADA). The University makes reasonable accommodation for religious observances, national origin practices of a student and to the known physical or mental limitations of a qualified student, unless such accommodations have the end result of fundamentally altering a program or service or placing an undue hardship on the operation of the University. Qualified students with disabilities should contact Student Services for information regarding accommodations in the academic and/or employment setting. If you have a special need and require an auxiliary aide and/or service, please contact Student Services at (505) 662-5919.

# STUDENT SERVICES

Student Services is a central hub of information for prospective, current, and former students to find assistance and answers to questions about admissions, financial aid, registration, academic advising, career services, and other resources on campus.



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## Admissions

The Office of Admissions can help if you have questions or are ready to apply to UNM-Los Alamos. The Office of Admissions can provide application instructions for degree-seeking, non-degree, dual credit/concurrent, international, senior, or transfer students. Complete details can be found on the Admissions page: [losalamos.unm.edu/admissions](http://losalamos.unm.edu/admissions).

## Financial Aid

The Office of Financial Aid provides information on financial resources available to degree-seeking students. These resources may include scholarships, grants, and loans from the federal or state government, independent organizations, and/or UNM-LA itself. UNM-LA determines financial aid eligibility from the FAFSA, so please take time to file this document online every year. Don't assume you are ineligible—there are many opportunities to pursue.

## Enrollment Services

The Office of Enrollment Services at UNM-LA processes high school and other college transcripts for admissions and maintains transcripts of current and former students. The registrar can also answer questions about dual credit and concurrent enrollment, VA benefits, and graduation requirements.

## Academic Advising & Student Success

Academic advisors can provide guidance through the admission process, degree and course selection, and registration. Advisors also assist with changing a major, following up instructors' early alerts, filing graduation petitions, and planning for baccalaureate work. Advisors can also help resolve registration errors. Degree-seeking students must meet with an advisor before registering for each semester to check that their chosen classes will continue to make progress toward their degrees and to have their advising hold lifted. The Director of Student Affairs coordinates ADA accommodation services for students, and oversees academic advisement, student retention, and success initiatives.

## Career Services

Student Services offers career services to assist students with self-exploration, selecting a major, and opportunities for gaining experience in their chosen fields. Career services also include resume reviews, internship connections, job fairs, quantifying or translating skills, sharing job postings, and building connections between employers and our students.